

NAYC Summer Program 2025

NAYC is proud to confirm our summer 2025 programme very kindly supported and funded by Active Essex Foundation and John Lewis & Partners Chelmsford branch. We are offering 6 weeks bursting full of fun, adventure, and opportunities.

To make sure we use our funding as effectively as possible we are asking that all sessions are booked ahead of time. If we don't get enough interest for a particular session we will not be able to run it.

Please note sessions are open to either Juniors, Seniors, Olders and Young leaders. These are as follows:

Juniors - Children aged 8 years old, up to those who have just left primary school

Seniors - Those who have just left primary school, up to 17 years old (we are trialling this increased age range)

Olders - 14 yrs - 17yrs

Young leaders - Open to both our existing young leaders, as well as those who may want to become young leaders. You must be in year 7 at the start of Sept to be considered for the role of a young leader. Please ensure you attend both sessions.

WEEK ONE

	Monday 21 July	Tuesday 22 July	Wednesday 23 July	Thursday 24 July	Friday 25 July	Saturday 26 July	Sunday 27 July
JUNIORS (8 Years old up to year 6)			JUNIORS sleepover From 6pm £2	JUNIORS sleepover Collect 10am			
SENIORS (new year 7's to 15 years old) OLDERS (14 to 18 years old)	OLDERS session 6-8pm £1				SENIORS & OLDERS Young Leader Training 2-4pm ----- SENIORS session 6-8pm £1		
DETACHED	DETACHED 3-5pm				DETACHED 11am-12.30pm		

NAYC Summer Program 2025

WEEK TWO

	Monday 28 July	Tuesday 29 July	Wednesday 30 July	Thursday 31 July	Friday 1 August	Saturday 2 August	Sunday 3 August
JUNIORS (8 Years old up to year 6)	JUNIORS & SENIORS Ice Skating trip 1pm – 5pm £2					JUNIORS & SENIORS Escape Room trip 11am – 3pm £2	
SENIORS (new year 7's to 15 years old) OLDERS (14 to 18 years old)	JUNIORS & SENIORS Ice Skating trip 1pm – 5pm £2 ----- OLDERS session 6-8pm £1				SENIORS session 6-8pm £1	JUNIORS & SENIORS Escape Room trip 11am – 3pm £2	

NAYC Summer Program 2025

WEEK THREE

	Monday 4 August	Tuesday 5 August	Wednesday 6 August	Thursday 7 August	Friday 8 August	Saturday 9 August	Sunday 10 August
JUNIORS (8 Years old up to year 6)		JUNIORS session 11am - 1pm £1					
SENIORS (new year 7's to 15 years old) OLDERS (14 to 18 years old)	OLDERS session 6-8pm £1				SENIORS session 6-8pm £1	SENIORS & OLDERS Go Ape trip 11am – 4pm £2	
DETACHED	DETACHED 3-5pm				DETACHED 3-5pm		

NAYC Summer Program 2025

WEEK FOUR

	Monday 11 August	Tuesday 12 August	Wednesday 13 August	Thursday 14 August	Friday 15 August	Saturday 16 August	Sunday 17 August
SENIORS (new year 7's to 15 years old) OLDERS (14 to 18 years old)	OLDERS session 6-8pm £1				SENIORS Baking Day 2.30-5.30pm £1 ----- SENIORS session 6-8pm £1		
FAMILY / COMMUNITY		FAMILY FUN DAY (donation) 11.30-3.30pm					
DETACHED	DETACHED 2-5pm						

NAYC Summer Program 2025

WEEK FIVE

	Monday 18 August	Tuesday 19 August	Wednesday 20 August	Thursday 21 August	Friday 22 August	Saturday 23 August	Sunday 24 August
SENIORS (new year 7's to 15 years old) OLDERS (14 to 18 years old)			SENIORS & OLDERS High Row residential £10	SENIORS & OLDERS High Row residential £10	SENIORS & OLDERS High Row residential £10	SENIORS & OLDERS High Row residential £10	SENIORS & OLDERS High Row residential £10

WEEK SIX

	Monday 25 August	Tuesday 26 August	Wednesday 27 August	Thursday 28 August	Friday 29 August	Saturday 30 August	Sunday 31 August
JUNIORS (8 Years old up to year 6)			JUNIORS & SENIORS Pottery painting at NAYC 1.30 – 3.30pm £2				
SENIORS (new year 7's to 15 years old) OLDERS (14 to 18 years old)			JUNIORS & SENIORS Pottery painting at NAYC 1.30 – 3.30pm £2		SENIORS & OLDERS Young Leader Training 1-4pm ----- SENIORS session 6-8pm £1		

21/07/2025 – Olders session 6-8pm- £1 -

This is a normal olders session.

23/07/2025 to 24/07/2025 – Juniors sleepover 6pm to 10am - £2

Young people to arrive at NAYC for 6pm. We will be providing dinner on arrival. They will be sleeping in the sports hall, boys one side and girls the other, and will need a roll mat or inflatable mattress to sleep on. Youth workers will sleep in the youth centre. In the morning breakfast will be available before young people leaving/being collected at 10am the following morning. Please be advised we have bathrooms and sinks so young people can wash and brush their teeth but there is no shower available.

KIT LIST – What should we bring?

- Refillable water bottle
- Pyjamas (no short shorts please)
- Change of clothes for next day
- Wash kit – toothbrush, deodorant etc
- Sleeping bag and pillow
- Roll mat/inflatable mattress

25/07/2025 – Young Leader Training 2-4pm

Open to existing young leaders and those who may want to become young leaders, spaces limited and will be prioritised for those young people who have shown they are good role models to others and can commit to volunteering on our Wednesday Junior session. Please note that the young people will not be able to remain at the youth centre in between this session and our seniors session at 6pm.

25/07/2025 – Seniors Session 6-8pm - £1

This is a normal seniors session including cooking, arts crafts, games and sports.

28/07/2025 – Juniors & Seniors Ice Skating 1-5pm - £2

Please arrive at NAYC at 1pm and we expect to return for 5pm. We will be walking to and from Riverside Leisure Centre in Chelmsford to taking part in an ice skating session.

KIT LIST – What should we bring?

- Wear comfortable clothing (including socks)
- Gloves to protect hands
- Packed lunch
- Refillable water bottle
- Money for snacks (optional)

28/07/2025 – Olders session 6-8pm - £1

This is a normal olders session.

01/08/2025 – Seniors Session 6-8pm - £1

This is a normal seniors session including cooking, arts crafts, games and sports.

02/08/2025 – Juniors & Seniors Escape Room 11am-3pm - £2

Please arrive at NAYC at 11am and we expect to return for 3pm. We will be walking into town to take part in the exciting escape room.

KIT LIST – What should we bring?

- Packed lunch
- Refillable water bottle
- Money for snacks (optional)

04/08/2025 – Olders session 6-8pm- £1

This is a normal olders session.

NAYC Summer Program 2025

05/08/2025 – Junior Session 11am – 1pm £1

This is a normal seniors session including arts crafts, games and sports.

08/08/2025 – Seniors Session 6-8pm - £1

This is a normal seniors session including cooking, arts crafts, games and sports.

09/08/2025 – Seniors Go Ape 11.45am -3pm - £2

Young people will need to be dropped off at the Go Ape site in Hylands Park at 11.45am and collected again at 3pm.

KIT LIST – What should we bring?

- Wear comfortable clothing and footwear (trainers)
- Packed lunch
- Refillable water bottle
- Suncream, hat etc.
- Waterproofs if it is raining
- Money for snacks (optional)

11/08/2025 – Olders session 6-8pm - £1

This is a normal olders session.

12/08/2025 - Community / Family Fun Day 11.30am-3.30pm – Donations welcome

All families and friends welcome. A warm and welcoming space to meet with friends, and for children and young people to have fun on some inflatables in our sports hall or watch an amazing magic show (and learn a few tricks too!). We will have some additional activities to take part in such as craft, sport and games, as well as light refreshments and snacks on offer to purchase. Apart from young leaders, all children and young people must be accompanied by adults and remain the responsibility of parent/carers at all times. **This activity has some limited spaces for young leaders.**

15/08/2025 – Baking Day 2.30-5.30pm - £1

We will be baking a variety of cakes and snacks together. Limited spaces.

15/08/2025 – Seniors Session 6-8pm - £1

This is a normal seniors session including cooking, arts crafts, games and sports.

20/08/2025 – 24/08/2025 – Seniors Residential to High Row - £10

Please note that this trip is only open to our existing seniors and spaces are limited.

We will be leaving at 8.30am Wednesday 20th August and returning around 6pm on Sunday 24th August, but we will keep you up to date on exact time as we travel back. We will be traveling by minibus and staying at the Essex Boys and Girls Clubs High Row Centre in the beautiful Lake District. You **must** bring food or money to get lunch on the day we travel, however apart from this all travel, food, accommodation, and adventure activities are included in the cost of £10 per person for the trip. This is being subsidised by EBGC and the Jack Petchey Foundation.

While we are away, young people will be taking part in adventure activities such as paddle boarding, bush craft and camp fire building, as well as ghyll scrambling and a night walk. Please ensure young people do not bring valuable items such as jewellery or expensive clothes. Young people are responsible for all items they bring with them, and youth workers cannot be held responsible if they become lost or broken. Young people should also make sure they bring clothes that they are happy to get muddy and wet, as well as enough clean clothes for the evenings. Young people will also need to make sure they bring slippers or indoor shoes as we are not permitted to wear our outdoor shoes in the cottage.

A packed lunch will be provided for the return journey, but if the young people would prefer to bring money for the services they are welcome to.

If there is anything from the following list that you cannot obtain then let us know ASAP and we will try to help where possible.

KIT LIST – What should we bring?

- Lunch or money for the journey to the Lake District
- Sleeping bag or duvet, sheet and pillow
- Sliders or indoor footwear
- Casual clothes and trainers for travelling
- At least 2 pairs of trousers. Tracksuit bottoms ideally
- 1 thin pair of trousers or leggings for Ghyll scrambling
- Minimum of 3 t-shirts, light weight so it dries quickly
- 3 Jumpers/Hoodie/Fleece (it could be cold)
- Thick socks
- Underwear

NAYC Summer Program 2025

- Pyjamas
- Towels—1 large and 1 small
- Toiletries (toothbrush, toothpaste, shower gel, etc...)
- Suncream, hat, sunglasses
- Water bottle (1 litre)
- Torch + spare batteries
- Trainers for getting wet

- Any personal medication (your youth worker must be made aware if this)
- Walking boot (that have been broken in)
- Wellies
- Water proof trousers and jacket
- Small amount of money, there may be chance to go into the local village and get ice cream or souvenirs

What shouldn't we bring?

- please do not bring jewellery or valuables
- Energy drinks
- No alcohol, vapes or drugs!
- No weapons including pocket knives

27/08/2025 – Pottery Painting at NAYC 1.30-3.30pm - £2

We will be painting pottery items from the Potty Painting Studio, once complete they will be sent off to be kiln fired and can be collected from the youth centre in September.

29/08/2025 – Young Leader Training 1-4pm

Open to existing young leaders and those who may want to become young leaders, spaces limited and will be prioritised for those young people who have shown they are good role models to others and can commit to volunteering on our Wednesday Junior session. Please note that the young people will not be able to remain at the youth centre in between this session and our seniors session at 6pm.

29/08/2025 – Seniors Session 6-8pm - £1

This is a normal seniors session including cooking, arts crafts, games and sports.